

DEPARTMENT OF THE AIR FORCE **HEADQUARTERS 36TH WING (PACAF)** ANDERSEN AIR FORCE BASE GUAM

19 March 2021

MEMORANDUM FOR ANDERSEN AIR FORCE BASE

FROM: 36 WG/CC

SUBJECT: COVID-19 Mitigation Measures & Enforcement

References: (a) Governor of Guam Executive Orders

(b) Joint Region Marianas Memorandums and Policies

- (c) SecDef Mask Wear Memorandum, 4 Feb 2021, Use of Masks and Other Public Health Measures
- 1. Due to the number of COVID-19 cases decreasing at Andersen Air Force Base, I am adjusting the previous COVID-19 mitigation measures previously dated 21 January 2021. These updated measures are intended to continue protecting critical missions and keep members and families safe, while balancing mental health, social development, and quality of
- a. All personnel must maintain vigilance regarding physical distancing, mask wearing, and hand hygiene. Physical distancing is defined as greater than six feet between yourself and others. Personnel must continue to self-monitor for COVID-19 signs and symptoms. If a member suspects that they are infected, or have had close contact with a person suspected to be infected, they must inform the 36th MDG and their chain of command.
- b. Travel and patronage off-base will be in accordance with Government of Guam restrictions and Joint Region Marianas memorandums and policies. All private gatherings will be limited to 25 individuals.
 - c. Use of masks remains mandatory in accordance with reference (c), SecDef Mask Wear Memorandum.
- d. Commanders may direct teleworking, teleconference meetings, and limit in-person duties as required to maintain mission effectiveness while mitigating risk of infection.
 - e. Group fitness, sports and recreational activities may be conducted in accordance with the attachment.
- 2. Unit Commanders may approve gatherings on-base for official functions for up to 100 individuals without 36th Wing Public Health coordination. Unit Commanders may be more restrictive in the interest of mitigating risk to mission and personnel.
- 3. Military members not in compliance with these measures may be subject to UCMJ action. Civilians and dependents not in compliance may be subject to barment from Andersen Air Force Base and civilian prosecution.
- 4. This memorandum supersedes 21 January 2021, COVID-19 Mitigation Measures & Enforcement.
- 5. Please refer questions to Lt Col Keith O'Halloran, 36th WG COVID-19 Response Lead, 671-366-3664, keith.ohalloran@us.af.mil.

JEREMY T. SLOANE Brigadier General, USAF

Commander

Attachment:

36th Wing Sports and Recreational Activities Guidance

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In addition to personal health protective measures recommended by the U.S. Centers for Disease Control and Prevention (CDC), strict adherence to the 36th Wing COVID-19 Mitigation Measures & Enforcement memorandum has been effective in limiting coronavirus disease 2019 (COVID-19) transmission across the installation. Mitigation measures to safely execute sports and recreational group activities during the ongoing response, in effort to improve quality of life and reduce COVID-19 fatigue, are specified within this attachment.

General Guidance to Reduce Risk of Spread During Sports and Recreational Activities

- Setting: choose outdoor settings with larger fields of play, particularly for high-intensity activities (i.e. running, football, rugby, soccer).
- Distancing: maintain at least 6 feet of separation (about 2 arm lengths) and avoid unnecessary close contact when able.
- Face covering use: As appropriate, wear a face covering that covers your nose and mouth to help protect yourself and others.
 - Higher-intensity activities: If engaged in high-intensity activities, like running, and the face covering causes difficulty breathing, consider conducting the activity in a location where it is possible to maintain physical distancing from others.
- Cleaning and disinfection: disinfect frequently touched surfaces, equipment, or gear before and after each use.

Individual Steps to Be Taken During Sports and Recreational Activities

- Stay home if you have tested positive for COVID-19, are waiting on test results, are showing any signs or symptoms, or have had contact with a person who has tested positive for COVID-19 or with someone who is feeling sick.
 - Stay home if you are at increased risk for severe illness or have existing health conditions.
- Know your contacts
 - Knowing who you play sports with or engage in recreational activities is key to continued limited transmission. What teammates do off the field is just as important as what they do on the field. If a teammate is attending gatherings without face coverings or physical distancing, traveling, etc., this can place everyone engaging in the sport or activity at risk of infection.
- Clean or sanitize your hands before and after participating in any practices, games, etc.
- Minimize sharing of equipment or gear
 - Encourage participants to bring their own equipment, like gloves, balls, and helmets (if possible).
 - Clean and disinfect any shared items after each person uses the item.

Authorized Sports/Recreational Activities

- Team sports such as, Basketball/Football/Soccer/Volleyball/Baseball/Tennis/Rugby at facilities/organizations that maintain occupancy limitations and utilize a sign-in/sign-out roster for all participants.
- Playgrounds with disinfection of equipment and sanitization of hands before and after use.
- Individual sports/activities such as swimming, yoga, dancing, running, hiking with 6 feet or greater distancing from others.
- Recreational small group activities such as bowling, martial arts, golfing at facilities that maintain occupancy limitations and utilize a sign-in/sign-out roster for all participants.



Source: CDC Playing Sports https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/playing-sports.html